

### POST-CONGRESS WORKSHOP - SLAGM

### PRE-CONGRSS WORKSHOP 4 - SLMA

### CLINICAL PEARLS IN GERIATRICS: PRACTICAL INSIGHTS FOR CLINICIANS

17th June 2026 - SLMA -Lionel Memorial auditorium

## Organized in collaboration with the SLMA

08.15am - 08.30am	Registration
08.30am - 08.45am	Opening Remarks - <i>Dr Chamila Dalpatadu</i> - President - SLAGM - <i>Dr Manilka Sumanatilleke</i> - President - SLMA
08.45am - 09.25am	Deprescribing in Complex Older Patients: Balancing Benefit and Harm Interactive Case - Based Discussion <i>Dr Maheshi Wijayabandara</i> - Consultant Geriatrician, NH - Kandy <i>Dr Chathura Angulugaha</i> - Acting Consultant Geriatrician - CNTH
09.25am - 10.05am	Falls and Fracture Prevention in older adults: How to identify at risk patients :Bed side assessment and beyond <i>Dr Rasika Munasinghe</i> - Acting Consultant Geriatrician, TH Ratnapura <i>Dr Namal Weerakoon</i> - Acting Consultant Geriatrician ,Ministry of Health
10.05am - 10.20am	Tea Break
10.20am - 11.00am	Practical Management of Urinary Incontinence in Geriatric Care Interactive Case - Based Discussion <i>Dr Saumya Darshani</i> - Consultant Geriatrician, CSTH <i>Dr Judith Herath</i> - Acting Consultant Geriatrician, TH Kurunegala
11.00am - 11.30am	Late-Life Depression and Anxiety: Challenges in Diagnosis and Management <i>Dr Malsha Gunathilake</i> - Consultant in Old Age Psychiatry, CSTH
11.30am - 12.00pm	Managing BPSD in Dementia: Non-Pharmacological and Pharmacological Strategies <i>Dr Madhushani Dias</i> - Consultant in Old Age Psychiatry, NIMH
12.00pm - 12.30pm	Compassionate Geriatric Palliative and End-of-Life Care - Interactive Case-Based Discussion <i>Dr Sithira Senevirathne</i> - Consultant Geriatrician, NHSL
12.30pm - 12.45pm	Q & A
12.45pm	Vote of Thanks and Conclusion

CPD Points & Certificates will be awarded

Registration Fee : Rs 1000  
Duty Leave & Refreshments  
will be provided



Scan here to register



Programme Coordinator :  
*Dr Maheshi Wijayabandara* -Consultant Geriatrician  
- NH Kandy